

Days of the Omer 5785/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	CHESED	GEVURAH	TIFERET	NETZACH	HOD	YESOD	MALCHUT
Week 1 CHESED	1 א April 14/16 Nisan	2 ב April 15/17 Nisan	3 ג April 16/18 Nisan	4 ד April 17/19 Nisan	5 ה April 18/20 Nisan	6 ו April 19/21 Nisan	7 ז April 20/22 Nisan
Week 2 GEVURAH	8 ח April 21/23 Nisan	9 ט April 22/24 Nisan	10 י April 23/25 Nisan	11 יא April 24/26 Nisan	12 יב April 25/27 Nisan	13 יג April 26/28 Nisan	14 יד April 27/29 Nisan
Week 3 TIFERET	15 טו April 28/30 Nisan	16 טז April 29/ 1 Iyar	17 יז April 30/ 2 Iyar	18 יח May 1/ 3 Iyar	19 יט May 2/ 4 Iyar	20 כ May 3/ 5 Iyar	21 כא May 4/ 6 Iyar
Week 4 NETZACH	22 כב May 5/ 7 Iyar	23 כג May 6/ 8 Iyar	24 כד May 7/ 9 Iyar	25 כה May 8/ 10 Iyar	26 כו May 9/ 11 Iyar	27 כז May 10/ 12 Iyar	28 כח May 11/ 13 Iyar
Week 5 HOD	29 כט May 12/ 14 Iyar	30 ל May 13/ 15 Iyar	31 לא May 14/ 16 Iyar	32 לב May 15/ 17 Iyar	33 לג May 16/ 18 Iyar	34 לד May 17/ 19 Iyar	35 לה May 18/ 20 Iyar
Week 6 YESOD	36 לו May 19 / 21 Iyar	37 לז May 20 / 22 Iyar	38 לח May 21 / 23 Iyar	39לט May 22 / 24 Iyar	40 מ May 23 / 25 Iyar	41 מא May 24 / 26 Iyar	42 מב May 25 / 27 Iyar
Week 7 MALCHUT	43 מג May 26 / 28 Iyar	44 מד May 27 / 29 Iyar	45 מה May 28 / 1 Sivan	46 מו May 29 / 2 Sivan	47 מז May 30 / 3 Sivan	48 מח May 31 / 4 Sivan	49 מט June 1 / 5 Sivan