

Days of the Omer 5786/2026

	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	CHESED	GEVURAH	TIFERET	NETZACH	HOD	YESOD	MALCHUT
Week 1 CHESED	1 א April 3/16 Nisan	2 ב April 4/17 Nisan	3 ג April 5/18 Nisan	4 ד April 6/19 Nisan	5 ה April 7/20 Nisan	6 ו April 8/21 Nisan	7 ז April 9/22 Nisan
Week 2 GEVURAH	8 ח April 10/23 Nisan	9 ט April 11/24 Nisan	10 י April 12/25 Nisan	11 יא April 13/26 Nisan	12 יב April 14/27 Nisan	13 יג April 15/28 Nisan	14 יד April 16/29 Nisan
Week 3 TIFERET	15 טו April 17/30 Nisan	16 טז April 18/ 1 Iyar	17 יז April 19/ 2 Iyar	18 יח April 20/ 3 Iyar	19 יט April 21/ 4 Iyar	20 כ April 22/ 5 Iyar	21 כא April 23/ 6 Iyar
Week 4 NETZACH	22 כב April 24/ 7 Iyar	23 כג April 25/ 8 Iyar	24 כד April 26/ 9 Iyar	25 כה April 27/ 10 Iyar	26 כו April 28/ 11 Iyar	27 כז April 29/ 12 Iyar	28 כח April 30/ 13 Iyar
Week 5 HOD	29 כט May 1/ 14 Iyar	30 ל May 2/ 15 Iyar	31 לא May 3/ 16 Iyar	32 לב May 4/ 17 Iyar	33 לג May 5/ 18 Iyar	34 לד May 6/ 19 Iyar	35 לה May 7/ 20 Iyar
Week 6 YESOD	36 לו May 8 / 21 Iyar	37 לז May 9 / 22 Iyar	38 לח May 10 / 23 Iyar	39 לט May 11 / 24 Iyar	40 מ May 12 / 25 Iyar	41 מא May 13 / 26 Iyar	42 מב May 14 / 27 Iyar
Week 7 MALCHUT	43 מג May 15 / 28 Iyar	44 מד May 16 / 29 Iyar	45 מה May 17 / 1 Sivan	46 מו May 18 / 2 Sivan	47 מז May 19 / 3 Sivan	48 מח May 20 / 4 Sivan	49 מט May 21 / 5 Sivan